



Week of July 25 - 29, 2022

	Morning Snack	Lunch	Afternoon Snack
Monday	<p>Crostini Goat cheese Fresh fruit Fruit infused water</p>	<p>Penne pasta with Little Owl tomato sauce Romaine salad with vinaigrette Parmesan cheese Fresh fruit Organic milk</p>	<p>Steamed edamame Pita chips Fruit infused water</p>
Tuesday	<p>Blueberry yogurt Little Owl granola Apples Fruit infused water</p>	<p>Spinach & cheddar quesadillas Black beans Avocado & pico de gallo Fresh fruit Organic milk</p>	<p>Hard-boiled eggs Carrot sticks Fruit infused water</p>
Wednesday	<p>Grilled bagels Cream cheese Fresh fruit Fruit infused water</p>	<p>Cold sesame noodle salad Sweet potatoes, tofu, & broccoli Fresh fruit Organic milk</p>	<p>Lemon hummus Veggies Fruit infused water</p>
Thursday	<p>Pancakes & maple syrup Fresh fruit Fruit infused water</p>	<p>Tuscan white bean soup Fresh focaccia Red cabbage salad Fresh fruit Organic milk</p>	<p>Cinnamon-honey yogurt dip Apples Fruit infused water</p>
Friday	<p>Banana oat cookies Apples Fruit infused water</p>	<p>Penne Pasta with Little Owl Tomato Sauce Romaine Salad with vinaigrette Parmesan cheese Fresh fruit</p>	<p>Coconut smoothie Graham crackers Fruit infused water</p>

Organic milk